



### **MyCreativeLife online session rules**

These sessions are a place for anyone affected by a long-term condition to create together, share experiences and support each other. People with long-term conditions, family members, friends, carers all are welcome to join the sessions, as long as they are over the age of 18.

Our aim is to provide a safe space to be creative and share experiences, so we have a few simple rules that you agree to follow when you join each session:

1. Treat other members with the respect they deserve. No abusing other members in the session. No threats or harassment of other members will be tolerated. Any instance of abusive, threatening or harassing behaviour is grounds for removal from the session.
2. The language is English only.
3. Please do not share inappropriate material during the session - if you would not feel comfortable viewing it at work, or in front of children or parents, don't show it in the session.
4. Please be considerate in the language you use during the session - swearing is not completely banned, just do not swear unnecessarily and only use minor words.
5. No recording (audio, photograph or video) of the session.
6. You must be over the age of 18 to join the sessions.

The opinions expressed by members of the sessions are purely the views of its members and do not reflect the views and opinions of the session organisers (MyLifeTool, Teesside University, Dr Stephanie Kilinc and Tees Valley, Durham and North Yorkshire Neurological Alliance). The organisers reserve the right to remove any members from the sessions at its discretion. This reservation creates no affirmative duty in the organisers, and failure to exercise this power shall not subject the organisers to any liability of any sort.

We reserve the right to modify these rules from time to time without notice.